

## Coaching and mentoring (1 week course)

1 week – 16.5 hours' course content – 5.5 hours of workshops and talks - full social programme  
Erasmus + funding available



This hands-on one-week course will you to develop the knowledge, skill, and confidence to establish and maintain a creative culture of mentoring, coaching and feedback in your workplace. You will learn about ways of applying coaching and mentoring in staff development, the overall strategies involved, and the specific interventions used in different kinds of learning and development encounter.

The course is for:

- Academic managers, team leaders, teacher trainers and those responsible for teacher and staff learning, and organisational well-being
- Teachers who wish to take on leadership and staff development roles, or become teacher trainers
- Those who observe lesson and wish to give accurate, skilful and supportive feedback
- Teachers who want to supplement their methodology skills with the artistry of facilitation and people skills so essential for high level learning performance
- Those with C1 level



What you will gain by attending the course:

### Course outcomes

- A broad understanding of the impacts of coaching, mentoring and feedback and the differences between them.
- Experience in the different roles of mentor, mentee, coach, coachee, feedback giver, feedback receiver, and also observer of these relationships.
- Focus on the kinds of applications most suited to your workplace.
- A personalised toolkit of interventions to help staff to engage with their own learning
- Confidence to manage difficult situations and to initiate honest and critical reflection
- Increased motivation, confidence and satisfaction in your work as an educational leader - whether teacher, trainer or manager.
- Improved English language competences across all of these skills

### Course content

This course content includes:

- A complete set of verbal interventions for use in a full range of professional learning needs
- Practice in major areas of interpersonal helping and supervision such as: being supportive; dealing with positive and negative feelings; encouraging developmental thinking, offering prescriptions, challenging blind spots, raising self-esteem
- How to shift elegantly between offering direction and inviting self-direction
- Practise of these interventions as facilitator, 'client' and observer using a practice -> feedback -> reflection -> practice cycle
- A clear articulation of the values that underlie skilled helping, and criteria for establishing the validity or otherwise of interventions
- Getting things done through people: New models of leadership for teachers, managers, and staff in a people-based organisation.
- Creating a positive psychological learning atmosphere in classroom, staff room and team.
- Using the above skills and insights to develop high level coaching, or mentoring or feedback, according to your need or inclination.

Please note that each course we run is tailored by our expert tutors to the professional needs and priorities of the participants, so content may be adapted to best suit the needs of your group.

### Location

This course will take place at **Bell Teacher Campus** in **Cambridge**, based at **Homerton College** which is part of the **University of Cambridge**. Homerton College is an outstandingly beautiful college in secluded wooded grounds with easy access to Cambridge town centre. It has first-class learning and social facilities. Half-board accommodation is available in single en-suite rooms on site. The training staff at Bell Teacher Campus are all highly qualified and include published authors, materials writers and conference speakers. Afternoons entail a conference style approach with participants able to join an interesting variety of workshops, cultural talks and a special plenary lecture each week from a prominent speaker.



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